



Lunch Bike Delivered to You!

Bites on Bikes is Vancouver's newest and most exciting lunch delivery service. We are peddling delicious gourmet sandwiches all wrapped up with a homemade cookie and a San Pellegrino Limonata, all over Downtown Vancouver.

All our food is prepared fresh daily in our socially and environmentally conscious kitchens and brought to you by our electric cargo bikes.

Bites on Bikes ensures timely, reliable deliveries to businesses operating in Downtown Vancouver. Feel free to place your order online, via email or telephone prior to 3pm the day before expected delivery so we can make sure your food is wheeled to you on time.

Note: Minimum order \$40

Gourmet Lunch Boxes

We are peddling delicious sandwiches all wrapped up with fresh fruit, a homemade cookie, and a San Pellegrino, all over Downtown Vancouver. All our food is prepared fresh daily in our socially and environmentally conscious kitchens and brought to you by our electric cargo bikes.

Montreal Smoked Meat |

swiss cheese and dijon, rye bread served with fresh fruit, a homemade cookie and san pellegrino beverage

Turkey and Provolone |

cranberry, lettuce and served with fresh fruit, a homemade cookie and a san pellegrino beverage

Roasted Vegetable |

roasted red peppers, mayo, grilled zucchini, red onion, spinach, tomato and provolone served with fresh fruit, a homemade cookie and a san pellegrino beverage

Ham and Provolone |

lettuce, tomato, mayo, mustard served with fresh fruit, a homemade cookie and a san pellegrino beverage

Tuna Salad |

tuna, lettuce, onion, dijon, served with fresh fruit, a homemade cookie and a san pellegrino beverage

Salami and Bocconcini |

fresh basil, served with fresh fruit, a homemade cookie and a san pellegrino limonata beverage

Roast Beef and Swiss |

lettuce, tomato, dijon served with fresh fruit, a homemade cookie and a san pellegrino beverage

\$12 / Lunch Box



HAVE CULINARY TRAINING SOCIETY

All proceeds from Bites on Bikes is directed to HAVE Culinary Training Society to assist in training costs and upkeep for the school. To learn more about HAVE Culinary Training Society please visit www.have-cafe.ca